

M E N U

Week 1

Breakfast (Daily) :- Choice of cereals, toast
scrambled eggs.

Monday :- Cottage Pie with fresh vegetables.
Fresh fruit.

Tuesday:- Sweet & Sour chicken & rice or
Homemade Cawl with bread
Yoghurt

Wednesday :- Sausage, baked beans and a choice of potato.
Jam & coconut sponge with custard.

Thursday :- Roast chicken, stuffing and gravy
with a choice of fresh vegetables.
Rice pudding.

Friday :- Fresh Fish pie topped with mashed potato and
fresh vegetables.
Chocolate Sponge with white sauce.
or Raspberry mousse

Tea (Daily) A selection of finger foods, for example:
sandwiches, sausage rolls, pizza, rissoles, chicken nuggets,
biscuits, fruit, cake.