

M E N U

Week 3

Breakfast (Daily) :- Choice of cereals, toast and scrambled eggs.

Monday :- Chicken and vegetable pie with mashed potatoes.
Fresh fruit salad.

Tuesday:- Sausages, peas, carrots, potatoes and gravy
Bananas & Custard.

Wednesday:- Sweet and sour/honey mustard chicken with rice.
Chocolate sponge and white sauce.

Thursday:- Roast pork, carrots, peas, potatoes and gravy
Yoghurt

Friday :- Quiche, beans and chips
Apple crumble with custard.

Tea (Daily) A selection of finger foods, for example: sandwiches, sausage rolls, pizza, rissoles, chicken nuggets, biscuits, fruit, cake.